

- [f Share](#)
- [Tweet](#)
- [in Share](#)

⊗
 ↗ Share

- [f](#)
- [T](#)
- [in](#)

bluedot living[®]

AT HOME ON EARTH

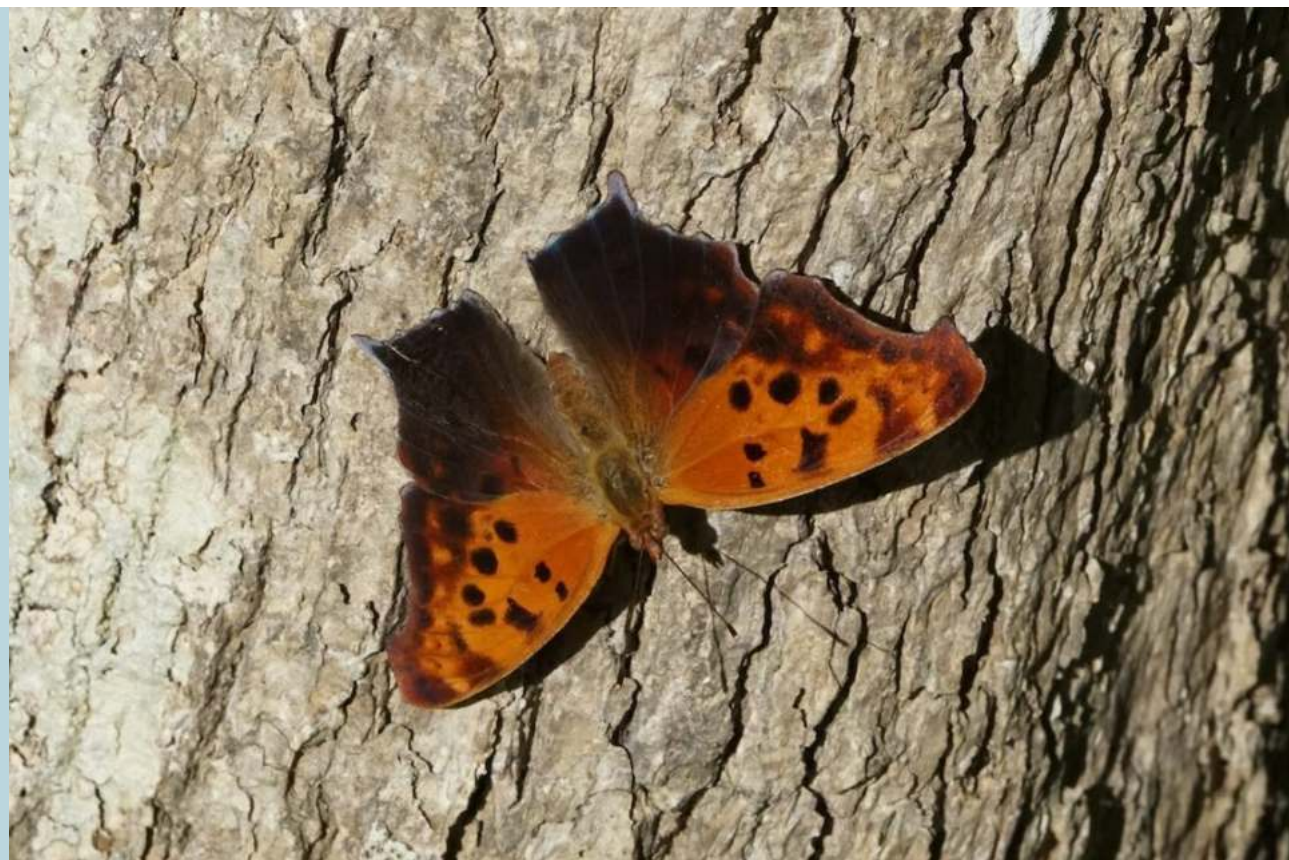
MARTHA'S VINEYARD



Every other week, Bluedot Living Martha's Vineyard will share stories about local changemakers, Islanders' sustainable homes and yards, planet-healthy recipes and tips, along with advice from Dear Dot. Did your friend send you this? **Sign up for yourself here.** Not interested? No problem — **click here** to be removed from Bluedot Living emails.

Click here to see a web copy of this email.

SIMPLE / SMART / SUSTAINABLE / STORIES



Right on cue, a swarm of moths arrived with December. It's something we delight in each year — they flutter and shimmer outside our door in the early morning. This creature is not a “December moth,” but the also-hardy, wonderfully named (at least to this editor’s ears) “**Question Mark**” or “Eastern Comma” butterfly (photo taken by BiodiversityWorks’ Matt Pelikan). It’s one of the more than 3,000 different species that Islanders have cataloged via iNaturalist.org in less than two years, thanks to the MV Atlas of Life project. [Read more here](#), and learn how to support projects like this with a year-end gift.

Quick Links

Skip scrolling! Here's what you'll find in this edition of the Bluedot Newsletter:



- **New Issue Out!**
- **Buy Better, Buy Local This Holiday**
- **Plenty of Fish in the Surrounding Sea (plus recipes)**
- **From our Hub site: Dear Dot discusses wrapping paper**
- **The Seven Sisters store: A story with every treasure**
- **Please confirm your email address here**

blue dot living[®]
AT HOME ON EARTH

MARThA'S VINEYARD

Dear Newsletter Readers,
**Our newsletter settings
have changed.**

To continue receiving this newsletter,
**please confirm
your email address here.**

To Live (and Give) Local

Time for us all to make merry. We at Bluedot are making our lists and they include shopping at any of the many local shops we have featuring just-right

gifts. You'll see some of our favorites in this newsletter and even more **on our website**. Over on the Bluedot Hub website, we've got a **marketplace full of eco-friendly gifts**.

Our winter issue is on the stands and we're pretty proud of it; it features stories on **Wampanoag ecological wisdom, the bounty of our waters (and recipes)**; plus **a profile of two sisters**, who both built/renovated with the Earth in mind, and much more.

Choosing to shop (or donate) locally is a simple step in living more lightly on the planet; we like to think of Bluedot Living as a guide to our artisans and farmers, our volunteers and our shopkeepers. We hope you'll pick up a copy of the issue or **read the digital issue here**.

Important! As of January 1, Bluedot will send you this email directly from our own platform, rather than from the MVTimes'. That means you'll need to **confirm your email address here** in order to keep getting this email. You don't want to miss our bi-weekly offering of **Bluedot recipes, Buy Better treasures, Dear Dot eco-advice**, and, of course, the stories featuring the incredible projects underway to protect and preserve this place we're lucky enough to call home.

As always, we love to hear from you, please send any story ideas, questions or concerns to us at **editor@bluedotliving.com**. Thank you!

–Leslie Garrett and Jamie Kageleiry



Red Valley Road, Chilmark
click for details • tealaneassociates.com

A FISH FOR ALL SEASONS



The relatively unknown tautog is just one of eleven tasty fish species, along with nine types of shellfish, that local fishermen haul in from the waters surrounding Martha's Vineyard. Eating locally and in-season is a way to ensure that our oceans continue to provide for us and for those whose livelihood depends on fishing the waters. And steer away from fish species that are threatened or dwindling in numbers. **Learn about MV's plentiful fish species — along with recipes for putting them on your plate.** That's Denny Jason, by the way, hauling in fish from his boat, "The Little Lady," earlier this fall.

CLIMATE QUICK TIP

Flying first-class generates two to four times the carbon emissions of economy — fewer people + more space = greater emissions/person.

(Fortunately, along with giving up legroom, there are some **simple ways to reduce our emissions from flying.**)



YOU AND 4,999 OTHERS
WILL READ THIS NEWSLETTER
Do you have a business that you'd like 5,000 sustainably minded readers to know about?
Email us at adsales@mvtimes.com to find out about the Bluedot Living Martha's Vineyard newsletter and digital ads *starting at \$100 per week.*

BUY LESS/BUY BETTER



Arbor Made Candles

We're happy to share this cool "Buy Better" product from our Hub website. Arbor Made Candles — made from 100% soy wax — come in refillable pots (with five refills). No more wasted candle containers you don't know what to do with. And each scent (they're all non-toxic; we love Spiced Timber) is directly aligned with a charity that supports the planet.

[LEARN MORE](#)



Leather Treasures

Marie Meyer-Burton uses buttery soft, locally sourced deerskin and other leathers to create baby moccasins, purses, and more. Find her made-on-MV treasures at **Night Heron Gallery** and **Martha's Vineyard Made**, in Vineyard Haven.

LEARN MORE



The Seven Sisters

More joy on Main Street, VH. Beautiful pillows from Balinese hand-loomed fabric, Lineage Botanica blankets made from vintage textiles, an apothecary filled with enticing potions — everything **Ty Sinnett has selected for her store** has a story behind it.

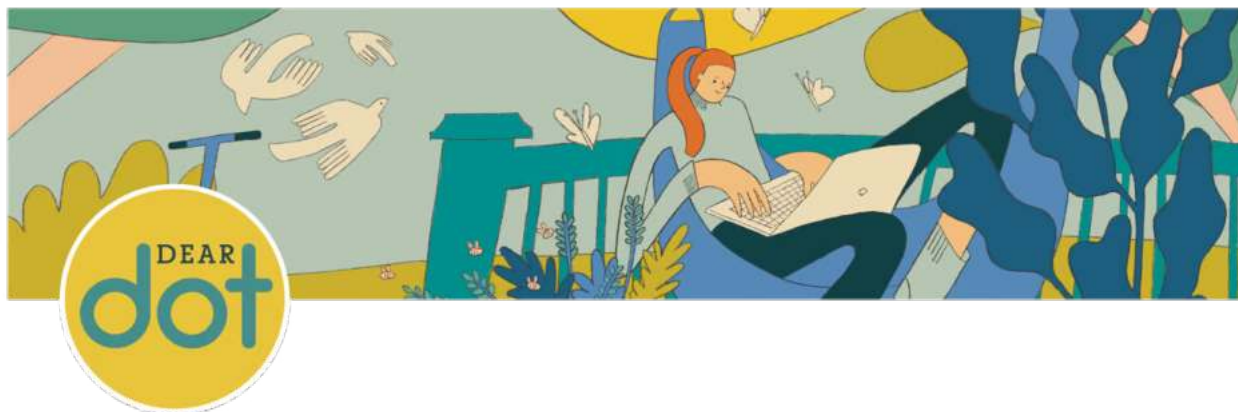
LEARN MORE



Stina Sayre's Seatbelt Bags

Using material that otherwise would have been discarded is one of the most eco-friendly ways of manufacturing. Stina Sayre launched her now-beloved brand when she made a handbag from seatbelt material. There's more, of course. Check out [her store on Main Street in VH](#).

LEARN MORE



Dear Dot: Where can I find eco-conscious gift wrapping?

Dear Dot,

My 10-year-old daughter is very eco-conscious and doesn't want her gifts wrapped in anything that isn't "compostable, recycled, or reusable." I love the look of brightly wrapped gifts beneath the tree — preferably in coordinating patterns, thanks to being indoctrinated by Martha Stewart over the years. Ideas?

—Evelyn

Dear Evelyn,

I laud your daughter's desire to wrap mindfully.

While some wrapping paper is recyclable (if you can tear it or it stays scrunched up when you crumple it, it's likely recyclable), plenty isn't, including anything that's foil, glittery, metallic, or contains rope or ribbons (such as gift bags).

Lucky for your daughter — and you with your Martha Stewart ethos — **wrapping options can be not only sustainable but stylish ...**

Read the rest of Dot's response.

Got a question for Dot? Write her at deardot@bluedotliving.com.



DISCOVER **The.Hub.**
A Bluedot Living Newsletter

Good news, good food, good tips on living every day more sustainably.

blue dot living
AT HOME ON EARTH

[Sign up here](#)



Fighting Nitrogen Pollution

New regulations proposed for Cape Cod (and potentially coming to the Vineyard and Nantucket) aim to combat nitrogen pollution from Title V septic systems. What percentage of the Vineyard's land area drains into nitrogen-sensitive coastal ponds (via rain, fertilizer runoff, or urine from septics)?

23%

50%

64%

90%

[Read more about nitrogen here.](#)



HANDBOOK

Want to declutter your closets while keeping your neighbors warm? **Anchor Realty** on Circuit Ave. in Oak Bluffs is collecting winter coats — drop one off or pick one up, depending on your need. And **Clothes to Go** in Vineyard Haven’s Stone Church collects clothing year-round and distributes to those in need. For more local resources, consult our **Ultimate Simple, Smart, Sustainable Handbook to Martha’s Vineyard.**

FOLLOW US



Bluedot Living magazine and marthasvineyard.bluedotliving.com are published by Bluedot, Inc., and distributed by The Martha’s Vineyard Times. Visit our national website here: bluedotliving.com

Subscribe to any of our newsletters [here](#).

To opt out of all Bluedot newsletters, please [click here](#).

The Martha's Vineyard Times, 30 Beach Road, Vineyard Haven, MA 02568, United States

To unsubscribe from all Martha's Vineyard Times communications, [click here](#).

Email Marketing by ActiveCampaign